

## VIDEO UPLOAD SPECIFICATIONS FOR SPORTS EMMY® AWARD SUBMISSIONS:

How does my submission video need to be configured?

Files meeting the specification below can be output from most non-linear editing systems. Another option is to utilize special transcoding software. We recommend utilizing the free tool “Handbrake” ([handbrake.fr/](http://handbrake.fr/)). Instructions for usage and a template are available online at the Sports Emmy® submission site.

If you have any questions or concerns about the technical creation of these files, please contact xx

**Container:** mp4

(Please enable “Fast Start” if that option is available to you) Audio Codec: AAC-LC or AAC Channels: Stereo or Dual Channel Mono (Please mixdown 5.1 to 2 channel stereo) Sample Rate: 48 khz

**Video Codec:** H.264 Baseline Profile

Variable bit rate (with an optimum as indicated below)

**Color Space:** 4.2.0

Frame rates should match the source material

**Resolutions:**

The Player displays all content in a 16:9 area. 1080p or 1080i Frame rate - 29.97 fps

Optimum Overall Bit Rates: HD: Video - 8,000 kbps Audio - 128 kbps

Please note that the file you upload is the same file that will stream to judges and will be the same quality as seen by the judges.